NORTHLAND COMMUNITY AND TECHNICAL COLLEGE (NCTC) STUDENT MEMBERSHIP PROPOSAL

PRESENTED BY:
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YVETTE HALVERSON – DIRECTOR OF WELLNESS FACILITIES
AMANDA BENTOW – DIRECTOR OF WELLNESS OPERATIONS
MEMBERSHIP PROPOSAL

- NCTC students would have the same usage rights as UND students.

- NCTC students would have the ability to form teams and compete in RecSports Intramurals.

- NCTC Students would have membership eligibility through a membership fee structure or could be assessed a per semester fee through their student fees.
POTENTIAL MEMBERSHIP ELIGIBILITY FOR NCTC STUDENTS

- NCTC Students would have the option of purchasing the following memberships:
  - Day pass $7.00
  - Month $40.00
  - Semester $160.00
  - Annual $400.00
  - Summer $120.00

- Or have a fee assessed within their tuition options of $160.00 per semester.

- Current Wellness Center rates:
  - **Student Sponsored**
    - Day pass $5.00
    - Month $35.00
    - Semester $149.00
    - Annual $360.00
    - Summer $99.00
  - **Faculty/Staff**
    - Day pass $10.00
    - Month $45.00
    - Semester $198.00
    - Annual $480.00
    - Summer $132.00
REASONS TO CONSIDER

- UND and NCTC - EGF have similar missions and objectives for student learning.
- It’s a win/win for students on both campuses.
- The Wellness Center has the capacity to accommodate more members.
UNIVERSITY OF NORTH DAKOTA WELLNESS CENTER
MISSION STATEMENT

Our mission as the UND Wellness Center is to enhance the campus climate and enrich the quality of life for the University of North Dakota community by embracing all dimensions of wellness.

A FEW FACTS

• Committed to creating an environment where students can relieve stress, have fun and learn at the same time
• Follow a holistic approach to wellness – incorporating all 7 Dimensions of Wellness (emotional, environmental, intellectual, occupational, physical, social and spiritual) into the daily lives of our members.
• The Wellness Center opened September 25th, 2006.
• 110,000 square foot facility
• Our facility has drawn attention nation-wide.
EXISTING WELLNESS FACILITIES

NCTC – EGF
- On campus: limited resources on the EGF campus.
- Partnership South Middle School for usage on Wednesdays for Intramurals.
- NCTC students have access to the facilities in Thief River Falls and can participate in intramurals there as well.

UND – on campus wellness facility
- **Group Exercise**
  - 3 GX rooms
  - 1 spin studio (21 bikes)
- **Fitness Floor**
  - 10,000 sq. ft
  - 109 machines
- **RecSports**
  - Over 4,000 participants
  - Over 70 team, individual& dual events in Men’s Women’s and Coed leagues
- **Cardio Deck**
  - 5,000 sq. ft
  - 79 machines
- **Courts**
  - 3 wood courts
  - 1 multi-activity court
- **Spin Studio**
- **Culinary Corner**
- **Running Track**
  - 200 meter track
- **Rock Wall**
  - 28 ft. high
  - natural rock
WELLNESS CENTER PEAK USAGE

Wellness Center Peak Usage 2008-2009

# of Check Ins

Wellness Center Peak Usage 2008-2009

- 11-24 to 11-30
- 12-22 to 12-28
- 12-29 to 1-4
- 1-5 to 1-11
- 2-2 to 2-8

5:30 AM - 10:11 PM
PROGRAMS AND SERVICES OFFERED