## Immunization Record for Students Attending Post-Secondary Schools in Minnesota

<table>
<thead>
<tr>
<th>Student Name (Last, First, M.I.):</th>
<th>Date of Birth:</th>
<th>Star ID/Student ID:</th>
<th>Date of Enrollment (Mo/Yr):</th>
</tr>
</thead>
</table>

Minnesota Law (M.S. 135A.14) requires proof that all students born after 1956 are vaccinated against diphtheria, tetanus, measles, mumps, and rubella, allowing for certain specified exemptions (see below). This form is designed to provide the school with the information required by the law and will be available for review by the Minnesota Department of Health and the local health agency.

- Check here if you were born before 1957 for the age exemption. You don’t have to complete the rest of this form.

### All other students who are not age-exempt: Complete parts 1, 2, 3, and/or 4 below.

### Part 1: Students graduating from a Minnesota high school in 1997 or later

I have previously met the MMR (measles, mumps, rubella) and Td (tetanus, diphtheria) requirements because I graduated from a Minnesota high school in 1997 or later.

- Student’s signature ______________________ Date ____________________

**Name of high school:**

**City:**

**Date of graduation:**

### Part 2: Transfer students from another Minnesota college

I am exempt from these requirements because my admission records indicate I have met the requirements as an enrolled student in another post-secondary school in Minnesota.

- Student’s signature ______________________ Date ____________________

### Part 3: Students who graduated from a Minnesota high school before 1997 or students from out of state

<table>
<thead>
<tr>
<th>Vaccine Requirement</th>
<th>Local Date</th>
<th>County Date</th>
<th>State Date</th>
<th>Out of State Date</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tetanus/diphtheria (Td)</td>
<td>Mo/Day/Yr</td>
<td>Mo/Day/Yr</td>
<td>Mo/Day/Yr</td>
<td>Mo/Day/Yr</td>
</tr>
<tr>
<td>Measles/mumps/rubella (MMR)</td>
<td>Mo/Day/Yr</td>
<td>Mo/Day/Yr</td>
<td>Mo/Day/Yr</td>
<td>Mo/Day/Yr</td>
</tr>
</tbody>
</table>

I certify that the above information is a true and accurate statement of the dates on which I was vaccinated.

- Student’s signature ______________________ Date ____________________

### Part 4: Other exemption(s)

#### Medical Exemption: The student named above lacks one or more of the required immunizations because he/she:

(Complete this form if you need to report a medical or conscientious objection.)

- has a medical problem that precludes the __________ vaccine
- has not been immunized because of a history of __________ disease
- has laboratory evidence of immunity against __________ disease

- Physician’s signature ______________________ Date ____________________

#### Conscientious Exemption: I hereby certify by notarization that immunization against __________ disease is contrary to my conscientiously held beliefs.

- Student’s signature ______________________ Date ____________________

Subscribed and sworn to before me this ____ day of ____________, 20__.

Signature of notary ________________________

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**Immunization Program**

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East Grand Forks, MN 56721

Local: 218.793.2800

Toll-free: 1.800.959.6282

Fax: 218.793.2843

TDD: 218.793.2801

Thief River Falls, MN

1101 Highway One E

Thief River Falls, MN 56701

Local: 218.683.8800

Toll-free: 1.800.959.6282

Fax: 218.683.8980

TDD: 218.683.8801

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Mumps may experience swelling of the testicles. In rare cases, sterility can result.

Rubella is usually a mild disease in children. But it can be very serious if a grown woman gets rubella during the first three months of pregnancy. The disease can cause serious birth defects including glaucoma, cataracts, deafness, and mental retardation. Tetanus or “lockjaw” can lead to fatal complications. Even small burns or scratches can be a source of infection, and deep puncture wounds are especially dangerous.

Diphtheria is a serious bacterial disease that affects the tonsils, throat, nose, and/or skin. It can lead to breathing problems, heart failure, paralysis, and sometimes death.

Hepatitis B is a liver disease caused by the hepatitis B virus (HBV). Hepatitis B is a highly contagious disease that infects the liver and can lead to cirrhosis, liver cancer, and even death. Hepatitis B is spread through contact with the blood of an infected person or by having sex with an infected person.

Hepatitis A is a liver disease caused by the hepatitis A virus (HAV). Hepatitis A can affect anyone. Hepatitis A is still a common disease in the United States and is spread by close contact with someone who is infected. It is also spread by contaminated food and water. Adults need hepatitis A vaccine for long-term protection.

Hepatitis C is a liver disease caused by the hepatitis C virus (HCV), which is found in the blood of persons who have this disease. The infection is spread by contact with the blood of an infected person. Most persons who get hepatitis C carry the virus for the rest of their lives. There is no vaccine to prevent hepatitis C.

Meningococcal disease is a serious illness, caused by a bacteria. Meningococcal disease is a leading cause of meningitis, an infection of the lining of the brain and the spinal cord. Meningococcal disease also causes blood infections. Anyone can get meningococcal disease. College freshmen who live in dormitories or close living quarters have an increased risk of getting meningococcal disease.

So, what do I have to do?
Under Minnesota law, you have to submit a complete immunization record to your college or meet one of the legal exemptions (see below). You might be automatically exempt if you graduated from high school in Minnesota since 1997 or you previously were enrolled in another college in Minnesota (in which case your former college record should indicate that you met the law’s requirements).

Are there other legal exemptions?
Yes. You don’t have to get the shots if you’ve already had one of the diseases such as measles, mumps, or rubella. Or your doctor can sign an exemption if you have another medical reason not to be vaccinated (like you’ve had a lab test showing you’re immune or you’re pregnant).

You may also have religious or philosophical objections to being immunized. If so, you can submit a notarized statement of your beliefs.

What if I can’t find my shot record?
Yes. For example:
- College freshmen living in dorms or close living quarters are at a higher risk for meningitis. There is a vaccine to protect against the disease.
- Hepatitis B is a highly contagious disease that infects the liver. The highest rate of disease occurs in persons 20-49 years of age.
- Hepatitis A is still a common disease in the United States. Hepatitis A symptoms are much more severe in adults than in children. Infected persons may need to rest in bed for days or weeks, and won’t be able to drink alcohol until they are well.
- If you will be traveling internationally, it’s likely you’ll need even more shots. Be sure to check with your doctor to see what additional shots you might need.